



**MAHARANA PRATAP COLLEGE OF  
AYURVEDA & MEDICAL SCIENCES  
KOTHI, MANDHANA, KANPUR NAGAR – 209217  
(AYU0854)  
TRANSITIONAL CURRICULUM  
BAMS BATCH- 2024-25**



# MAHARANA PRATAP COLLEGE OF AYURVEDA & MEDICAL SCIENCES

KOTHI, MANDHANA, KANPUR NAGAR – 209217

ITINERARY OF INAUGURAL CEREMONY OF TRANSITIONAL CURRICULUM

BAMS BATCH- 2024-25

DATE : 11<sup>TH</sup> DECEMBER, 2024  
VENUE : N-BLOCK AUDITORIUM  
DAY : 1st

S.NO	PROGRAM	SCHEDULE
1	GUESTS WELCOME AT THE DOOR	11:00 AM
2	WELCOME OF GUEST BY ANCHOR/ INTRODUCTION / BOUQUET PRESENTATION	11:00 AM TO 11:05 AM
3	LAMP LIGHTING , DHANWANTRI VANDANA. (DR. SAUMYA & DR. VARSHA)	11:05 AM TO 11:10 AM
4	GANESH VANDANA BY NISHA & RICHA	11:10 AM TO 11:15 AM
5	WELCOME SPEECH BY MR. GAURAV BHADAURIA JI (JOINT SECRETARY, MPGI)	11:15 AM TO 11:40 AM
6	CHIEF GUEST SPEECH ( DR. V.N. TRIPATHI SIR, Ex. DGME, UTTAR PRADESH)	11:40 PM TO 12:10 PM
7	GUEST OF HONOUR SPEECH (DR. MANOJ VERMA SIR, REGIONAL OFFICER OF AYUSH)	12:10 PM TO 12:30 PM
8	INTRODUCTION OF TEACHER / CONSULTANT BY DR. N. B. GUPTA SIR.	12:30 PM TO 12:45 PM
9	VOTE OF THANKS BY DR. VIVEK SIR	12:45 PM
10	LUNCH	01:00 PM TO 02:00 PM
11	OVERVIEW OF BAMS CURRICULUM & RULES REGULATIONS BY DR. N. B. SIR	02:00 PM TO 02:30 PM
12	INSTITUTIONAL PROFILE BY DR. VIVEK SINGH	02:30 PM TO 03:45 PM



## MAHARANA PRATAP COLLEGE OF AYURVEDA AND MEDICAL SCIENCES

Mandhana, Kanpur, Uttar Pradesh

# TRANSITIONAL CURRICULUM PROGRAMME AYURVEDA

For 1st BAMS Batch 2024-2025



## 2nd day of Transitional Curriculum

**12/12/2024**

1	10:30 am to 11:30 pm	Yoga Vadatu Sanskritam	Dr. Shailendra Maurya
2	11:30 am to 12:45 pm	Overview of BAMS Curriculum	Dr. N. B. Gupta
3	02:00 pm to 03:00 pm	Discussion on the Student's talent & Hobbies	Dr. Reshma Sayyed, Dr. Vindhya Pandey Dr. Shailendra Maurya
4	03:00 pm to 04:00 pm	Shlok Recreation	Dr. Shailendra Maurya

## 3rd day of Transitional Curriculum

**13/12/2024**

1	10:30 am to 11:30 pm	Yoga Vadatu Sanskritam	Dr. Shailendra Maurya
2	11:30 am to 12:50 pm	Uniqueness of Ayurveda and its national and international reach	Dr. Priyanshu
3	12:50 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:00 pm	Visit Basic Principles Department	Dr. Jatinder Mann, Dr. Reshma Sayyed, Dr. Vindhya Pandey
5	03:00 pm to 04:00 pm	Shlok Recreation	Dr. Shailendra Maurya

## 4th day of Transitional Curriculum

**14/12/2024**

1	10:30 am to 11:30 pm	Yoga Vadatu Sanskritam	Dr. Shailendra Maurya
2	11:30 am to 12:50 pm	Know Regulatory bodies & Statutory bodies and major AYUSH institutions	Dr. Vindhya Pandey
3	12:50 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 04:00 pm	Know your campus and other institute Visit (Pharmacy, Dental and all College)	Dr. Geeta Singh

## 5th day of Transitional Curriculum

**16/12/2024**

1	10:30 am to 11:30 pm	Yoga	Dr. Mamta Dwivedi
2	11:30 am to 12:45 pm	Importance of Diet and Nutrition	Dr. I. Chaturvedi
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:45 pm	Poster Making Compititoon	Dr. N. B. Gupta, Dr. Jatindr Mann, Dr. Reshma Sayyed, Dr. Vindhya Pandey

## 6th day of Transitional Curriculum

**17/12/2024**

### Cricket Match Boys/Girls

1	10:30 am to 12:45 pm	Cricket Match Boys	Dr. Pawan & Dr. Shiv Singh
2	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:45 pm	Cricket Match Girls	Dr. Jatindr Mann, Dr. Reshma Sayyed, Dr. Vindhya Pandey

## 7th day of Transitional Curriculum

**18/12/2024**

1	10:30 am to 11:30 pm	English Communication Skills	Dr. Reshma Sayyed
2	11:30 am to 12:45 pm	Clinical Exposure (Prasuti-Stri Tantra and Kaumarbhritya)	Dr. Aradhna Pandey
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:45 pm	Singing Competition	Dr. N. B. Gupta, Dr. Pawan Pal, Dr. Shailendra Maurya, Dr. Reshma Sayyed, Dr. Vindhya Pandey



## 8th day of Transitional Curriculum

**19/12/2024**

1	10:30 am to 11:30 pm	Yoga	Dr. Mamta Dwivedi
2	11:30 am to 12:45 pm	Time Management and Exam Strategies	Dr. Pawan Pal
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:45 pm	Professional Medical Ethics	Dr. Akansha Gupta

## 9th day of Transitional Curriculum

**20/12/2024**

1	10:30 am to 11:30 pm	Yoga & Meditation	Dr. Mamta Dwivedi
2	11:30 am to 12:45 pm	Prakurti Parikshan Abhiyan	Dr. N. B. Gupta , Dr. Jatinder Mann, Dr. Vindhya Pandey
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:45 pm	Prakurti Parikshan Abhiyan	Dr. Pawan Pal, Dr. Shailendra Maurya, Dr. Reshma Sayyed (with all students)

## 10th day of Transitional Curriculum

**21/12/2024**

1	10:30 am to 11:30 pm	Meditation	Mr. Arvind Ji
2	11:30 am to 12:45 pm	Prakurti Parikshan Abhiyan in Dental College & Engineering College	All Staff & Students
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:45 pm	Personality Development and Capacity Building & Computer Skill	Dr. Suyash Pandey

### 11th day of Transitional Curriculum

**23/12/2024**

1	10:30 am to 11:30 pm	Role of Mentoring	Dr. Kamal Khatri
2	11:30 am to 12:45 pm	Role and Impact of Physicians in the society	Dr. N. B. Gupta
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 02:30 pm	<b>Campus Visit</b>	
4	02:30 pm to 03:30 pm	Basic of Kriya Sharir	Dr. Alok Ranjan

### 12th day of Transitional Curriculum

**24/12/2024**

1	10:30 am to 11:30 pm	Role and impact of Physicians in the society	Dr. N. B. Gupta
2	11:30 am to 12:45 pm	Motivational Lecture by Eminent Speaker	Dr. Vivek Singh
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:00 pm	Vnikshayurveda and Mrugayurveda	Dr. Jatinder Mann
4	03:00 pm to 03:45 pm	Lecture on Basic life Support and First aid	Dr. Gaurav Sharma

### 13th day of Transitional Curriculum

**26/12/2024**

1	10:30 am to 11:30 pm	Bio Medical Waste Managment	Neelam Sister
2	11:30 am to 12:45 pm	Personal health & Hygiene	Dr. Shiv Singh
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:00 pm	Basic of Prakiriti	Dr. Geeta Singh (D.M.S)
4	03:00 pm to 03:45 pm	Department Visit - Clinical Lab & Library	Dr. N. B. Gupta, Dr. Jatinder Mann, Dr. Pawan Pal, Dr. Shailendra Maurya, Dr. Reshma Sayyed

### 14th day of Transitional Curriculum

27/12/2024

1	10:30 am to 11:30 pm	Language Vadatu Sanskritam	Dr. Shailendra maurya
2	11:30 am to 12:45 pm	Role of Mentoring	Dr. Pawan Pal
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:00 pm	Stress Management	Dr. Devesh Kumar
4	03:00 pm to 03:45 pm	Department Visit - Library	Dr. N. B. Gupta, Dr. Jatinder Mann, Dr. Pawan Pal, Dr. Shailendra Maurya, Dr. Reshma Sayyed

### 15th day of Transitional Curriculum

28/12/2024

1	10:30 am to 11:30 pm	Language Vadatu Sanskritam	Dr. Shailendra Maurya
2	11:30 am to 12:45 pm	Role of Mentoring	Dr. N. B. Gupta
3	12:45 pm to 02:00	<b>Lunch</b>	
4	02:00 pm to 03:45 pm	Department Visit - Hospital, Emergency, Panchkarma & Herbal garden	Dr. N. B. Gupta, Dr. Jatinder Mann, Dr. Pawan Pal, Dr. Shailendra Maurya, Dr. Reshma Sayyed



# YOGA SESSION



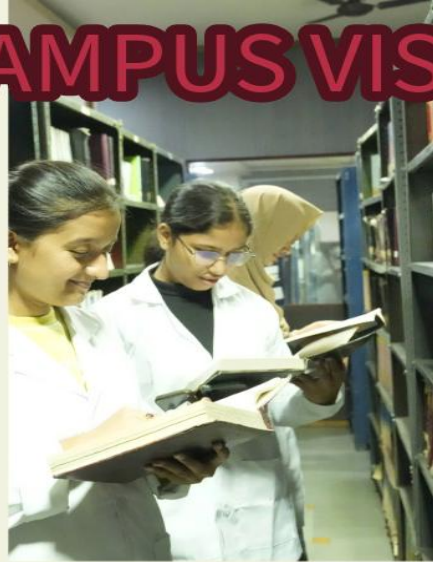


# LECTURE SESSION





# CAMPUS VISIT





# MISC. ACTIVITIES

